

March 2, 2017

Dr. Deck,

I want to thank you and your colleagues at the Neurology Foundation for referring me to Dr. Victor Pedro at Integrated Medicine back in December 2016.

I first came to you in September of 2016, 9 months post concussion. My symptoms were overall getting worse. Most notably diplopia, blurred vision and headaches were the worst. I had already done the tried and true treatments for concussion, rest, physical therapy, symptom management with medications. I had seen a concussion specialist, a therapist, and even tried acupuncture. Two different ophthalmologists had ruled out anything physically wrong with my eyes. I had prism lenses prescribed by a neuro ophthalmologist you had referred me to in October 2016 with negligible improvement.

At my December visit, I asked you the question, "If I was your family member, what would you advise me to do at this point"? Your answer to me was that you would check with your colleagues and if anything came to mind, you would let me know. That afternoon I received a call from your office with the name of Dr. Victor Pedro in Cranston, RI.

My first visit with him was on February 10, 2017. It was extensive and included a history, physical, and visual, vestibular and auditory measurements. Dr. Pedro was able to pinpoint where the concussion had occurred and a treatment plan was devised. It would be approximately 5 weeks in duration and then a re-evaluation exam.

His approach to therapeutic treatment involves a program that he has pioneered using cortical integrative therapy. It is non-invasive and is based on external stimulation of the brain. Treatments are patient specific and use sensory stimulation to reset and restore brain balance thereby improving symptoms and producing a positive outcome for the patient.

Being a registered nurse, I decided to commit to treatment but I was skeptical at the start. I had already seen many providers that yielded little improvement. His treatment lays a foundation on which he builds a system of very specific visual and spatial exercises which help to re-synchronize the brain hemispheres.

After my 2nd week of treatment, I began noticing that I had less occurrences of double vision and my headaches had decreased in both pain level and duration. This is week 3 and I feel that I had made more progress in these 3 weeks than in the last 14 months since my accident occurred. This skeptic no longer questions this approach to treatment.

And so, Dr. Deck, I want to again thank you so much for the referral to Dr. Pedro. I feel that I am getting my life back thanks to his Brain Rehabilitation Program. It is unique and very different from other brain rehabilitation programs. This one works! I have approximately 2 - 3 weeks left of treatment and I fully expect to build upon the progress I have already made. I am a work in progress, but I am hopeful for a full recovery.

I hope to encourage you and other providers at the Neurology Foundation to continue to refer other patients, such as myself, for whom conventional therapies have not improved their symptoms and where symptom management alone has not been enough to improve their quality of life.

Dr. Pedro's approach might be their answer as well. This is an exciting time as we learn more about concussions, mTbi, and post concussion syndrome to have an alternative method to reach for when patients do not respond as projected. This will help those of us who have come to feel that recovery is out of reach. Please pass my thank you along to your colleagues as well

My sincerest appreciation,
Jean K. Geer

